

e-Tips for Families

M-DCPS Office of Community Engagement |
engagemiamidade.net | @MDCPSCommunity

Primary English May 2020

HELP A FRUSTRATED STUDENT

"I hate school!" "Math stinks!" "I'm dumb!" Statements like these are often signs of a child who's frustrated with schoolwork.

When children get frustrated, they often:

Refuse to continue working on something.

Quit what they're working on and go on to something else.

Refuse to talk about why.

Make statements of disgust about their own performance skills.

Put the teacher and school down.

To help a frustrated child, share a story of how you struggled with something when you were young. Explain how you worked through it. Then gently encourage your child to try again. Give some hints to help your child solve the problem.

Each solution your child reaches will give him more self-confidence to try and succeed the next time. If frustration continues, talk with the teacher. Discuss what help with homework might be available.



Brought to you by



Miami-Dade County Public Schools

<http://www.engagemiamidade.net/>