

Dolphins Day At North Miami Middle School

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Nearly 800 students participated in the event, which consisted of three Gatorade Junior Training Camp sessions, life advice, cheerleader routines and an appearance from T.D. the mascot.



The Miami Dolphins took over North Miami Middle School for the day for the team's "Dolphins Day."

The takeover is an event where Miami Dolphins alumni, cheerleaders and staff go to a school in South Florida and put on various activities for the students, as well as have a member of the organization act as the principal for the day.

To see photos from the event, [click here](#).

This year, nearly 800 students participated in the event, which consisted of three Gatorade Junior Training Camp sessions, life advice, cheerleader routines and an appearance from T.D. the mascot.

"The takeover of North Miami Middle went really well, and we all had a blast," Miami Dolphins Youth and Community Programs Manager Troy Drayton said. "We were able to impact a lot of students today and it was a very positive environment."

The takeover began with a Gatorade Junior Training Camp (JTC), which comprised of six interactive football drills that emphasize the fundamentals of football. Additionally, the Miami Dolphins Special Teams Department Driven by Chevrolet interacted with the students by having a service project for U.S. troops, where the kids made cards to send to active troops serving overseas.

After three sessions of football drills, Drayton spoke to the students about the principles of being

“Dol-Fit,” stressing education, physical fitness and positive choices.

In between each session, female students had the option to learn cheers from current Miami Dolphin cheerleaders, while any student could meet with T.D. and take pictures.

Miami Dolphins Senior Account Executive Thomas Eugene acted as principal of North Miami Middle for the day.

“As Principal, I was able to visit classrooms, meet with educators and also reinforce our commitment to our children in Miami Dade County,” Eugene said.

"Principal Today" is a program of Miami-Dade County Public Schools that provide corporate partners and community leaders of South Florida an opportunity to gain a clear understanding of the challenges along with the tremendous growth of our educational system.

Overall, it was a day full of fun activities that benefitted the students of North Miami and allowed the Dolphins to impact the community in a positive manner.

The Miami Dolphins Special Teams is a unique volunteer organization created to enlist and mobilize the ongoing services of the community with the Miami Dolphins staff, players and alumni. The mission of the Special Teams is to offer hands-on services to communities and families in need, to partner with existing organizations on worthwhile social, civic and charitable programs, to provide assistance at Miami Dolphins Foundation events, and to support community efforts in times of emergency.

The Miami Dolphins Youth Programs' mission is to emphasize the importance of education, physical fitness and positive choices for kids in a safe and fun environment. The Miami Dolphins Youth Programs' vision is to prepare the next generation of leaders in staying physically active through the Junior Training Camps (JTC), Youth Football Clinics and Youth Football Camps.